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- Stage 1: Identifying and Unbending Complex Challenges
- Stage 2: Understanding Authority and Stakeholder Perspectives
- Stage 3: Building and Renewing Trust Relationships
- Stage 4: Approaching Conflict and Personal Strategies for Leadership
- Stage 5: Advanced Leadership Practices





Introduction to Exercising Leadership

Welcome, future leader! The HarvardX
Exercising Leadership: Foundational Principles course teaches strategies and skills for leading in a changing world where adaptive pressures will continue to challenge all of us. Based on the research and teaching of Ronald Heifetz, a renowned authority on leadership and founder of the Center for Public Leadership at Harvard Kennedy School, this course covers topics such as identifying and unbundling complex challenges, understanding formal and informal authority, identifying key perspectives of stakeholders, building and renewing trust relationships, approaching conflict, and implementing personal strategies for surviving and thriving amidst change. This course is suitable for anyone who wants to learn how to exercise leadership and mobilize people to tackle tough problems and improve life.



Why Choose Chools?

Numbers That Speak for Themselves:

- 10,000+ Successful Alumni: Join a network of impactful professionals.
- 95% Job Placement Rate: Secure your future with Chools' proven track record.
- 20+ Years of Excellence: Trust in a legacy of education and industry expertise.
- 200+ Industry Partnerships: Leverage our connections for real-world insights and opportunities.

What Sets Us Apart?

- **Expert Instructors:** Learn from industry veterans with hands-on experience.
- Hybrid Learning Model: Balance online flexibility with in-person engagement.
- Comprehensive Curriculum: Stay ahead with courses designed meet market demands.
- Community and Networking: Be part of an active community of learners and professionals.

Who Can Apply?

Eligibility Criteria:

- A bachelor's degree or equivalent from an accredited institution.
- At least five years of professional work experience, preferably in a leadership role.





 Complete an online application and submit a resume and a statement of purpose

Ideal Candidates:

 Mid- to senior-level leaders aiming to enhance their leadership skills and make a positive impact in their organizations.

Program Overview

The HarvardX Exercising Leadership:
Foundational Principles program
provides extensive education in
leadership practices. Our curriculum
ensures a comprehensive
understanding through five progressive
stages, combining theoretical
knowledge with practical, hands-on
experience.

Learning Mode:

- Hybrid Learning Model: Combines online learning with in-person sessions for flexibility and interactive engagement.
- Interactive Sessions: Includes live webinars, workshops, and Q&A forums with expert instructors and peers.
- Self-paced Learning: Access course materials anytime, allowing you to learn at your own pace.



Curriculum Highlights:

- Fundamental Knowledge: Core principles of leadership development.
- Advanced Techniques: In-depth understanding of leadership tools and practices.
- Real-World Applications: Practical projects and case studies to apply your learning.
- Capstone Project: A final project that integrates all your skills and knowledge, showcasing your proficiency in leadership development.

Professional Development

- Continuous Learning: Stay updated with the latest trends and advancements in leadership development.
- Networking Opportunities: Connect with industry experts, peers, and alumni to advance your career.
- Ethical Considerations: Learn about ethics and compliance to maintain the integrity of your practices.

Program Objectives

- Master the principles of leadership development.
- Apply advanced tools and frameworks for leadership.
- Enhance skills for self-awareness, learning agility, influence, and communication.
- Foster a culture of learning and innovation.
- Address challenges and opportunities in a global and digital context.
- Foster continuous learning.
- Encourage teamwork and collaboration.
- Prepare for advanced roles in leadership development.

Expected Outcomes

- Proficiency in leadership development tools and techniques.
- Practical experience through hands-on projects.
- Strong analytical and problem-solving skills.
- Application of innovative and adaptive thinking.
- Enhanced communication and leadership skills.

Skills Learned

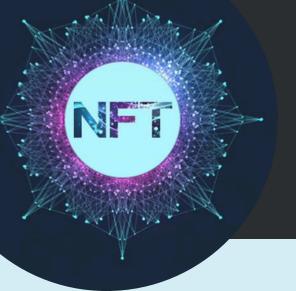
- Identifying Complex Challenges: Learn to identify and unbundle complex challenges effectively.
- **Understanding Authority:** Gain insight into the role of formal and informal authority in leadership.
- **Stakeholder Perspectives:** Identify and understand the key perspectives of stakeholders.
- Building Trust: Develop skills to build and renew trust relationships.
- Conflict Management: Learn strategies for approaching and managing conflict.
- Personal Leadership Strategies: Implement personal strategies for surviving and thriving amidst change.

Job Positions and Opportunities

- Career Paths: Executive Manager, Team Leader, HR Manager, Organizational Development Specialist, Leadership Development Consultant.
- **Industry Demand:** High demand across various sectors, competitive salaries, and strong growth potential.

Key Industry Verticals

• Skill Application Areas: Technology, Finance, Healthcare, Government, Retail, Energy, Telecommunications, Manufacturing.





Program Outline

Stage 1: Identifying and Unbundling Complex Challenges

- **1. Complex Challenges:** Learn to identify and address multifaceted challenges.
- **2. Problem Solving:** Develop techniques for effective problem-solving.
- **3. Adaptive Pressures:** Understand and respond to adaptive pressures.
- **4. Unbundling Issues:** Break down complex issues into manageable parts.
- **5. Analyzing Root Causes:** Identify root causes to address underlying problems.

Stage 2: Understanding Authority and Stakeholder Perspectives

- **6. Formal and Informal Authority:** Explore the dynamics of formal and informal authority.
- **7. Stakeholder Analysis:** Identify key perspectives of stakeholders.
- **8. Authority Relationships:** Navigate relationships with various authority figures.
- **9. Building Coalitions:** Form effective coalitions to address challenges.

10. Influencing Stakeholders: Develop strategies to influence key stakeholders.

Stage 3: Building and Renewing Trust Relationships

- **11. Trust Building:** Develop skills to build and maintain trust relationships.
- **12. Renewing Trust:** Learn strategies to renew trust after conflicts.
- **13. Effective Communication:** Enhance communication skills for trust-building.
- **14. Transparency and Integrity:** Promote transparency and integrity in leadership.
- **15. Empathy in Leadership:** Cultivate empathy to strengthen relationships.

Stage 4: Approaching Conflict and Personal Strategies for Leadership

- **16. Conflict Management:** Develop strategies for managing and resolving conflicts.
- **17. Surviving and Thriving:** Implement personal strategies for thriving amidst change.





Program Outline

- 18. Leadership Resilience: Build resilience to adapt to leadership challenges.
- **19. Stress Management:** Techniques for managing stress in leadership roles.
- **20. Maintaining Balance:** Achieve work-life balance for sustainable leadership.

Stage 5: Advanced Leadership Practices

- **21. Adaptive Leadership:** Implement adaptive leadership techniques in various contexts.
- 22. Leading Change: Strategies for leading change initiatives effectively.
- 23. Crisis Leadership: Develop skills to lead during crises and emergencies.
- **24. Leadership Innovation:** Foster innovation within leadership practices.
- **25. Sustaining Leadership:** Ensure long-term sustainability in leadership roles.

Enrollment Now Open

Take the first step towards becoming a certified Leadership Development Professional. Enroll in our program and enhance your career.

Email: info@ramaqchools.com Phone: +966536834733 Website: ramaqchools.com